



MEDICAL CONSULTATIVE MEETING

CHALLENGES, GAPS AND PRACTICAL SOLUTIONS IN HEALTH CARE DELIVERY AND THE MILLENNIUM DEVELOPMENT GOALS (MDGs) SHORTFALLS



FAIRVIEW HOTEL,
NAIROBI, KENYA
5TH TO 6TH SEPTEMBER



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**THE INTERNATIONAL DEVELOPMENT
AND POLICY CORPORATION (IDPC)**



**HEALTHCARE ALLIANCE
INTERNATIONAL (HAI)**



In partnership with
Johnson & Johnson

EXECUTIVE SUMMARY

Unarguably, the intellectual and economic resources necessary to help solve some of Africa's seemingly intractable healthcare delivery and Millennium Development Goals (MDGs) shortfalls problems certainly exists within the Diaspora and friends of the Diaspora networks. The challenge has always been how to effectively harness these resources towards addressing, and complementing existing, sub Saharan Africa's development and capacity building initiatives.

Tackling this challenge was an integral part of the discussions at a recent consultation meeting called in Nairobi, and the subject of this report, by a new Diaspora initiative that is set to operate as a global social enterprise. The consultation, which brought together top healthcare experts who had been carefully chosen to reflect expertise from the broader Kenyan healthcare delivery and development spectrum, was a focused meeting attended by, amongst others, Dr Edward Sambili – the Permanent Secretary in the Kenyan Ministry of Manpower and National Development; and, Dr Manu Chandaria OBE – one of Africa's most respected business leaders and advisor to Presidents and governments – as well as various leading medical practitioners and development experts. More importantly, the meeting's key objectives was not only to draw on attendees experience bases to identify reasons for the MDGs shortfalls but also seek workable, locally relevant solutions and ground breaking approaches to the MDGs gaps.

It was clear from discussions that the Diaspora and its friends can play an important role in bolstering medical training and professional development; sourcing equipment from overseas; and, working with indigenous Non Governmental Organisations (NGOs) to increase healthcare delivery capacity through, for example, practitioner exchanges. Indeed, the Diaspora is certainly one Africa's most potent weapon, which used well in conjunction with non-Diaspora resources, has the ability to be a powerful transformative source of positive change across the continent.

Through the two days, significant problems to healthcare delivery, which included limited or often times lack of access to equipment, technology and up to date training, were highlighted. However, the meeting resolved that these were not intractable problems especially when all the stakeholder groups worked concertedly towards better health for everyone. This approach is probably the most promising means of addressing the seemingly complex problems that call upon a wide range of stakeholders' skills, knowledge and experience. In itself, the resolution, consequently led to a number of key outcomes including:

- The need to understand actual healthcare delivery supply and demand resources gaps as fundamental to informing the consultation's next steps, i.e., how the Diaspora and its friends can complement existing efforts aimed at addressing the healthcare delivery and MDGs shortfalls.

- The formation of a working group of local and international experts comprising all the relevant stakeholder groups; and, tasked with planning and delivering a
 - comprehensive healthcare needs assessment
 - small scale pilot based on the needs assessment findings that brings together the Diaspora, its friends and local expert's talents, for example, through medical knowledge exchanges.
- The need to pursue an emerging agenda for innovative health delivery infrastructures ideas including micro clinics as a complement to existing health delivery supply chains.
- The recognition that our goals and objectives of better health for all can only be met through partnerships with first world governments e.g. UK/US, local governments, bilateral and multi lateral institutions, global funds, in-country experts and Diaspora working concertedly together.

The Nairobi meeting and initiative were born out of a fundamental belief that challenges facing sub Saharan Africa's better health for all ideals were best addressed through conceptual and innovative partnerships with in-country based experts from the outset. Thus, the overarching aspiration here is to increase the number, quality and impact of those partnerships in pursuit of successful and sustainable outcomes.

Although the immediate follow up to the consultative meeting is necessarily bound to be a modestly scaled pilot programme, it is hoped that this will serve not only as a template for a larger scale programme roll out but also as an inspiration for other potential partners; and, help push the frontier of new possibilities for Africa's development.

ACTION PLAN AND EMERGING AGENDA FOR CHANGE

1. Baseline or comprehensive assessment of the health care delivery requirements and MDGs' pegged shortfalls to enable:

- a determination of overall healthcare supply and demand; and, consequent resource gaps.
- co-development and delivery of locally or contextually relevant and practical interventions to healthcare delivery shortfalls through all the key stakeholders', – i.e., locally based and overseas experts and organisations, Kenyan and UK/US governments, Diaspora and friends of the Diaspora –, involvement.
- Conceptualisation of a health care delivery infrastructure through widely spread franchised 'micro-clinics' and incorporating laboratory services.

2. Partnerships – identification of new ones as well as solidification of nascent, existing and potential relationships including on:

- Collaboration and knowledge exchanges trials (with UK institutions and organisations: i.e., DoH; DfiD; the NHS; Royal Medical Colleges; Cambridge and Nottingham Universities; and, The Methodist University, Nairobi University and Kenyatta University amongst others)
- E-learning trials (with the Ministry of Health and the UK's NHS' East Midlands Healthcare Workforce Deanery)
- M-health trials (with the Ministry of Health and Celtel amongst others)
- Engage in partnerships that reflect the need for a holistic approach to health care. E.g. rural economy and agricultural sector economic revitalisation joint initiatives with forward thinking organisations like the Alliance for a Green Revolution in Africa (AGRA).

3. Funding

- Source widely for resources including innovative social wealth and enterprise models
- Continue engagements with current supporters e.g. Johnson and Johnson (J&J)

4. Diaspora and friends of the Diaspora Communication

- Build a robust database and website based communication system to effectively harness the intellectual and economic wealth found within the collective.

DR. MESHACH ONGUTI MD, PHD is a world renowned plastic surgeon who received his PhD in the UK and is currently Founder/CEO of Healthcare Alliance International (HAI). As well as an illustrious career in the medical sector, Meshach is a deeply committed and passionate advocate of better health care for the disadvantaged communities. He has had extensive involvement in enterprises that aim to alleviate the suffering of others through better health care provision including as founder director of Operation Smile amongst other charitable enterprises. Meshach is also the ex-CEO of Kenyatta National Hospital, which is the largest referral hospital in Kenya; and, former senior deputy Director of Medical Services at the Kenyan Ministry of Health.

PROFESSOR MUTUMA MUGAMBI MD PHD is currently the Vice Chancellor, Kenya Methodist University, Meru, having been the first to hold that position at the institution as well as chairman of the programmes Committee of the National AIDS Control Council amongst other responsibilities. Prior to his current position, he was Professor in Medical Physiology at the University of Nairobi. He has also held directorship and membership positions in leading research institutions and other establishments including as past Director of the Kenya Medical Research Institute and advisor to a number of international and regional research bodies. Recently, Professor Mugambi led Africa's consultations in preparation for the conference on health research for development in Bangkok. The Kenyan President awarded him the Moran of the Order of the burning Spear (MBS) for his immense contribution to the development of education.

DR KARIUKI NJENGA PHD is the director at the US Centre for Diseases Control (CDC). He was awarded his bachelors and masters degrees at the University of Nairobi and a Ph.D. in molecular virology from Pennsylvania State University. He spent four years as a post-doctoral fellow at the Mayo Clinic before moving to the University of Minnesota where he received the McKnight Presidential Fellows Award which is targeted specifically to the most promising faculty members.

DR BERNARD OLAYO MD, MPH is a health specialist at the Millennium Development Goals (MDGs) centre which was set up by the United Nations (UN) to work with different countries towards the achievement of the MDGs. It is headquartered at the Columbia University's Earth Institute headed by Professor Jeffrey Sachs, chief of the UN Millennium Project whose development of an action plan against poverty resulted in the UN's Millennium Development Goals (MDGs). The centre fosters an integrated approach, whereby issues of food security, education, nutrition and health, environment and energy are addressed in combination to alleviate poverty and hunger. Dr Olayo was awarded his degree at Harvard.

CHRIS O ODINDO MBA is CEO of IDPC, a Diaspora-led open participatory global social enterprise that works closely with governments, local experts and business leaders, multi lateral and bilateral organisations to seek practical enterprise-based, and more importantly locally relevant, solutions to capacity building and development problems. His background spans a diversely interesting international career in charitable enterprises, business and academia. Chris is also currently finishing an FSRF funded PhD programme in the UK.

ANTONY MWANIKI is head of Mobile for Good's (M4G's) activities in Kenya. Originally funded by Vodafone Group Foundation Mobile for Good's success and credo of using mobile technology to change lives in Africa has been closely watched internationally with press coverage including articles by the BBC, New York Times and The Washington Post. Antony, on behalf of M4G, is a past recipient of the KEPSA Small Enterprise Exhibitor Award from the Kenyan President Mwai Kibaki. He is a London Business School Alumni.

MR JAMES GONDI is currently the National Coordinator at Africas Brain Gain (ABG) Inc which is the brain child of Professor Atieno Ndede-Amadi. ABG was formed in 2000 not only to provide a positive perspective on the Brain Drain issue but also find ways to encourage networking opportunities for professionals in the Diaspora as well as providing information on the social-economic development agenda. James is a legal expert who received his training at Keele University in the UK.

DR KEFA BOSIRE is a pharmacist by training and background. However, through the years he has developed a keen interest in ICT and the potentially transformative powers of emerging technologies for the developing world and, especially Africa. He is also currently completing his PhD degree at the University of Nairobi.

MR NZOVO MUITA is the NGO representation at the committee. Nzovo works at the African Medical & Research Foundation (AMREF), which is Africa's leading health development organisation that operates across sub-Saharan Africa to improve its inhabitant's health. AMREF is the only international health development NGO that has its headquarters in Africa with an African staff percentage of 97%.

MISS WANGUI MUTHIGANI is a medical student at the University of Nairobi. Her presence reflects the importance IDPC attaches to the role of student doctors in the early establishment of knowledge and collaboration links for the future with their western counterparts, the Diaspora and its friends.